

## Reference for Darlene the Mom Defrazzler from Dorothy Beaumont

Darlene has been a huge help to me in 4 areas: De-cluttering the house, cleaning, cooking and time management.

My biggest challenge with clutter has been figuring out where to put things and how to tackle the big job of organizing the house. It's fine for someone to say organize your house, put the clutter away, but if you don't know where to start it doesn't help. Darlene came in to do an overview of the house and see what needed to be done. Then she assured me we would take baby steps to organizing things and that she would show me how to do it. That's what I needed to get started. We began in the kitchen and just cleaned the island where the sink is. Then I kept that neat for a week and asked the family to help me. I was amazed that it stayed clean all week! The next week we cleared another counter and I kept that clean. We then moved on to the pantry. An amazing thing happened after that. I started to see how to group things together and what kind of containers worked to put things in. I was so inspired that I went on to organize the rest of the house by myself. (I did have some help from my teenage daughter.) Now my house looks great and I have the main floor in a neat enough condition that if company walked in unexpectedly I would be ready.

Darlene helped me put together a cleaning system with file cards to make sure that all the tasks get done. What a great idea!

Cooking has always been a chore for me but having some new recipe ideas has helped me with food preparation.

Having someone help me with time management and fitting everything into my schedule has been helpful too. It has been especially helpful having someone to remind me to schedule time for myself and doing some things that I enjoy, not just getting caught up in work.

I would definitely recommend having Darlene come to help you in your situation if you need to learn some organizational skills. I didn't realize how great I would feel without the clutter and mess. I now feel like I am in control of the jobs to be done and not having the clutter control me.