



Seminar/Workshop/Speaker Details

The Poisonous Home

Many moms have no idea that their efforts towards a clean home and personal care can seriously harm the health of their children. Much of what we find on grocery shelves is, in fact, very dangerous, causing brain damage, learning disabilities, behavioural problems, illnesses and allergies,

There are simple, healthy solutions to many of these products. While the subject matter is serious I strive to keep it lighthearted, and walk the participants through the creation of their own all-purpose cleaning product using water, vinegar, and pure essential oils. I also offer them the possibility to receive more recipes for free via e-mail.

This workshop only comes in a 1.5-3 hour version.

Cost: Speaker fee: \$80.00 plus \$5.00 per person for the handouts and the supplies necessary to make the product.

Equipment: A white board, a small table and a lectern (a "Manhasset" Music Stand will do), plenty of water handy (enough to fill a standard spray bottle per person), cloths in case of spills, table set up to work at.

Ideal for: Community Centres, Mom Groups, Church groups, children's stores, and/or stores that focus on natural products and organic living.

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